

Checklist for Radioactive Iodine (i-131) Treatment

- Have your veterinarian **email records** over to Angell. In some cases we will request records from your veterinarian ourselves. We review records before booking appointments for i-131.
 - Email: i131@mspca.org
- Email or Call for Information / Book Your Appointment*
 - **I-131/Hyperthyroid** are available at various days and time to discuss radioactive iodine and decide if that treatment is appropriate for you and your cat. If your cat has a complicated medical history or if you are unsure about proceeding with the treatment, this is the type of appointment you should request. If your cat is deemed a good candidate for the program and you elect to move forward with treatment we will arrange to place your cat into the next available treatment group. We may do x-rays, bloodwork or other diagnostic tests at the time of this appointment if indicated.
 - **I-131 Pre-Admit appointments** are made so that your cat is admitted to the hospital for the radioactive iodine treatment at the conclusion of the appointment. Patients we see for the first time at the time of admit should be in good health other than the thyroid disease. They should be off thyroid medication (methimazole/tapazole) and/or y/d diet (see below).**

**At either type of appointment we will discuss the treatment and options for restrictions post treatment.*

- **Read Information Packet** – It will be sent to you at the time you make the appointment or upon request. Please read it as it may answer many of your questions and if it does not, feel free to contact us.

Prior to Admission

- Your cat will need to be **off of Methimazole** medication at least 1 week prior to their admission day**

*** Please consult with your veterinarian before just stopping the medication, especially if your cat is on a high dose of Methimazole or has thyroid related cardiac issues. Medications to slow heart rate may be needed.*



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- **Stop all supplements or Science Diet “y/d” diet** 2 weeks prior to treatment. If your cat is on other medications check with your veterinarian to see if they should be stopped. When in doubt, please check with us.

- **Pack their “Go Bag” for the day of admission**
 - **Food:** Canned and/or dry food, treats, catnip, etc. Enough for the whole stay is recommended if you are considering keeping your cat here for the duration of their restrictions. Please note that we try to avoid fish food products around the time of treatment as it may interfere with iodine uptake. We do have food in hospital that we can provide also. *Please note: if your cat is not eating well in hospital we will offer a variety of food types to stimulate their appetite. Please let us know if your cat has any food or medication allergies.*

 - **Something that smells like home:** blanket, shirt, towel, toys (when selecting these items please keep in mind that we cannot return them to you!)

- **Morning of your appointment** – Do not feed a large breakfast, but a few treats are fine. This gives us better quality x-rays and allows us to bond with your cat using food!